

BREAKFAST ROCKS!

All breakfasts come with bottomless American coffee, English tea and milk

Baked Potato & Bacon Skillet

with spring onions, Cheddar cheese and sunny side up fried eggs 10



Panamanian Tray

beef tenderloin in a fresh tomato stew, topped with a fried egg and served with fresh Boquete farmer's cheese, hojaldras, almojábanos and carimañolas



Chilaquiles

tortilla chips tossed in a green tomatillo sauce, on a bed of refried beans, topped with melted mozzarella cheese, sour cream, red onions and two fried eggs



Power Burrito

rolled flour tortilla with scrambled eggs, Cheddar cheese, chorizo and potato sausage, refried beans and served with baked potato-apple hash brown



Rockin' English Muffins

egg, sausage patty, Cheddar cheese two of them of course - served with baked potato-apple hash brown



Smoked Salmon Pizzetta

smoked salmon, red onion, capers and sun-dried tomato cream cheese, over a grilled pita bread



Caprese Breakfast Toast

locally sourced artisan cheese, avocado, cherry tomatoes and pesto on crusty farmer's bread, served with a fried egg and baked potato-apple hash brown 10



Pancakes

topped with your choice of sugar cane or traditional syrup, honey or chocolate sauce



Brioche French Toast

filled with Nutella, topped with strawberries, bananas and blackberries
10



Huevos Rancheros

Mexican corn tortilla topped with fried eggs, over refried beans and a rich tomato and chipotle sauce, with fresh local cheese and avocado 10



Crème Brûlée Belgian Waffle

with fresh fruit and your choice of sugar cane or traditional syrup, honey or chocolate sauce 10



Artisan Yogurt Bowl

with fresh fruit, honey and granola



Seasonal Fruit

sourced from local farms



Eggs your Way

three eggs prepared your way with two of your favorite ingredients: ham, bacon, cheese, sausage, tomatoes, mushrooms or onions, served with baked potato-apple hash brown





American Breakfast Orange juice, fresh seasonal fruit, two eggs prepared your way with your choice of two of your favorite ingredients: ham, bacon, cheese, sausage, tomatoes, mushrooms or onions, served with baked potato-apple hash brown, freshly baked bread with homemade marmalade and butter

Add to your Breakfast

+4 per order of:

10

3 bacon strips
3 sausages
2 eggs
2 hojaldras
1 portion of fresh local cheese
2 pieces of brioche toast
5 almojábanos
4 carimañolas
2 hash browns

BEVERAGES

Detox water

Please enjoy our detox water, infused with lemongrass, green leaf extract, spearmint and lemon slices



Espresso Tonic 6

double espresso shot, lemon, sweetened tonic water



Eye Opener 6

espresso shot and fresh pineapple juice



Spiced Citrus Coffee 6

cinnamon spiced espresso with freshly squeezed orange juice



Mimosa Rocks! 6

If life gives you oranges... add bubbles



Bloody Mary 6

A multivitamin drink for those who prefer their veggies with vodka



Open Mimosa 15

Per person

Bottomless mimosas with freshly squeezed orange juice



WAKE OF THE PROPERTY OF THE PR

Hot Beverages

American coffee	3
Macchiato	4
Cappuccino	4
Espresso	4
Latte	4
Hot chocolate	4

Organic Garden Infusions

Ginger • Mint • Spearmint Lemongrass • Boldo • Basil

Traditional Tea

Black • Chai • Lemon & Ginger Red Berries • Green Chamomile

Natural Fruit Juice

Pineapple • Papaya Strawberry • Orange

Smoothies & Shakes

Choco Coco Monkey

chocolate ice cream

Chocolate, banana, coconut &

Tropical Punch Strawberries, orange & pineapple	2
juice, coconut & banana	
Jungle Juice Mango, passion fruit, pineapple & coconut	4
Berry Shake Strawberries, milk & ice cream	[

Add almond or soy milk +2

